

Kickball Rules

Pitching:

- No bouncies. You must roll the ball.

Kicking:

- All kicks must be made by foot.
- All kicks must occur at or behind home plate. A kick in front of home plate is a foul.
- Bunting is allowed.

Running:

- No stealing or leading of base.
- Hitting the runner above their shoulders is not allowed UNLESS the runner is ducking.
- Runners must stay within the base line. Fielders must stay out of the baseline.
- Runners may overrun first base ONLY.

Strikes:

- 3 strikes and you're out!
- A strike is: A pitch within the strike zone either not kicked, or else missed by the kicker.
- 4 balls advance the kicker to first base.
- A ball is: a pitch outside of the strike zone or illegal bouncing.

Fouls:

- 3 fouls constitute as an out.
- A foul is: a kick landing out of bounds, a kick in front of home plate.

Outs:

- 3 outs by a team completes the teams half of the inning.
- An out is: 3 strikes or 3 fouls, a runner touched at any time while not on a base, any kicked ball that is caught in the air.

